PERSONAL NOTES

Big Idea to Remember

God's grace gives us reason to live every day with gratitude, obey His Word, and hold fast to what He calls good.

"*The one who calls you is faithful, and he will do it.*"

— 1 Thessalonians 5:24 (NIV)



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A LONG OBEDIENCE:

Grace and Gratitude

1 Thessalonians 5:16-22

SERMON NOTES

Live Every Day Before God — vv. 16-18

Rejoice Always (v. 16)

Remember God's goodness, rest in His promises, and help others rejoice by giving voice to the hope we share in Christ.

Pray Continually (v. 17)

Bring your actual life before God, learning to trust Him, seek what pleases Him, and pray for the good of others.

Give Thanks in All Circumstances (v. 18a)

Recognize God's mercy in every circumstance and express gratitude through your words and actions.

God's Will for Us in Christ Jesus (v. 18b)

While waiting for answers, obey what God has made clear and do the next good thing that honors Him.

Hold Fast To What God Calls Good — vv. 19-22

Be Attentive (v. 19)

Welcome the Spirit's work with a willingness to hear God's Word and change.

Be Discerning (vv. 20-21)

Test what you hear against Scripture, and let God's Word have the last word.

Be Resolute (v. 21)

Put truth into practice. Show gratitude for God's Word by doing the good He has shown us.

Be Distinct (v. 22)

Reject evil, refuse retaliation, and extend the mercy Christ has shown you.

The One Who Calls You Is Faithful — vv. 23-24

God is transforming every part of our lives. Take the next step of obedience with confidence in His faithfulness.

FIVE MINUTES IN GOD'S WORD

A Seven-Day Bible Reading Plan

Five minutes. One passage. With God.

- **Monday: Rejoicing When Life Is Hard**
  Read: Habakkuk 3:17–19
  Reflect: How can remembering who God is give me reason to rejoice when circumstances offer little encouragement?
- **Tuesday: Continuing in Prayer**
  Read: Colossians 4:2–6
  Reflect: How can watchful, thankful prayer shape my conversations and help me recognize opportunities to speak about Christ?
- **Wednesday: Testing What We Hear**
  Read: 1 John 4:1–6
  Reflect: How can I become more careful to examine what I hear about Jesus in light of the truth God has revealed?
- **Thursday: Remembering the Giver**
  Read: Deuteronomy 26:1–11
  Reflect: As I remember God's provision and saving grace, how can I express my gratitude and share His gifts with others?
- **Friday: Putting the Word into Practice**
  Read: James 1:19–25
  Reflect: What truth from God's Word do I need to put into practice, and what concrete step can I take today?
- **Saturday: Trained by Grace**
  Read: Titus 2:11–14
  Reflect: How does Christ's grace teach me to turn away from sin and become eager to do what is good?
- **Sunday: When the Waiting Is Long**
  Read: Isaiah 40:1-11
  Reflect: How do God's promised comfort, enduring Word, and tender care prepare my heart to behold and welcome the coming Lord?