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COMMITTED TO THE CORE

"...live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God."

(Colossians 1:10)



Of all the parts of our physical self that we care for, our "core" maybe the most important of all. We don't have to have six-pack abs, but a healthy core makes for a healthy person. As the Mayo Clinic website states, "Strong core muscles make it easier to do most physical activities...Strong core muscles are also important for athletes, such as runners, as weak core muscles can lead to more fatigue, less endurance and injuries. Weak core muscles can also leave you susceptible to poor posture, lower back pain and muscle injuries." A weak core weakens us.

OVER 40 DIFFERENT ABS EXERCISES



The same principle works for just about everything else: a weak core weakens _____. Just as it's crucial to strengthen our core physical muscles, so is it crucial to strengthen our core spiritual muscles. And how can we do that?

There are three words, three ideas, three commitments I want to hold before us and which I hope each of us will embrace as guiding principles to order our lives and our life together. These three words are LOVE—GROW—SERVE.

LOVE—that we would love the Lord lavishly in worship. GROW—that we would grow together greatly in discipleship. SERVE—that we would serve the world sacrificial in mission.

These three elements have ordered and directed the rhythm of life for God's people from the very beginning of time. These are three basic, essential, proven, and fruitful commitments by which each of us can live—personally, communally, and globally—for the glory of God and for the good of one another.

Let's embrace, together, these three core commitments that will strengthen us, strengthen the church, strengthen our community, and strength the world in the one hope that never fails—God's love for us in Jesus Christ.

Graciously in Christ,

Pastor Steve



JOIN US
Saturday - February 16, 2019
8:00 am



WHO DO YOU THINK WE ARE?



Speakers:

Pastor Steven Jewell
Trinity Presbyterian Church

Pastor Gregg Allison
Soujourn Church

You are invited to an exciting time of worship and learning,
as we encounter and enjoy the powerful presence of Jesus Christ.

Trinity Presbyterian Church
10200 Shelbyville Rd. Louisville, KY 40223
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*"Therefore, if anyone is in Christ,
that person is a new creation.
The old has gone, the new is here!"*
2 Corinthians 5:15 (NIV)

Encountering God Workshop

Awakening

to

Our True Identity

in Christ

Trinity Presbyterian Church

Saturday, February 9, 2019

9 AM — 3 PM

Lunch will be provided

ASH WEDNESDAY

Trinity's Ash Wednesday service will be held on Wednesday, March 6 at 7:00 p.m. in the Sanctuary. This service will follow a catered dinner that will begin at 6:00 p.m. in the Fellowship Hall. Childcare will be provided. Please come for dinner and the service and join with our church family as we enter into the Lenten season on our journey to the cross.

Flowers—a gift that multiplies

Do you want to honor or remember someone dear to you? A wonderful, easy way to do that is to sign up to provide sanctuary flowers on any given Sunday! There is a sign up on the bulletin board just outside the Library. You choose the Sunday, sign your name, make a dedication as you wish and write the check covering the cost of the flowers for that Sunday. Please note in the memo line which Sunday you are providing the flowers - it helps with the reconciliation of invoices. McKenzie, our Church Secretary, will make the appropriate note in the bulletin for the correct Sunday and a Worship Committee person orders the flowers. Thanks for

MISSION **On the move!**

Join us for the February Mission WOW program
~ Feb. 6th @ 6 PM ~

The Louisville Area has 15 Community Area Ministries serving the community.
Area of service is based on the zip codes in their areas.

For years we have supported EACM – Eastern Area Community Ministries.
Come and find out what EACM does for our brothers and sisters in Christ in our area, & see what volunteer opportunities there may be interest to you to serve the “Least of these”



Hello from the Yellow Room! After an enjoyable Christmas break, we hit the ground running in January. We learned about our 5 senses and explored our feelings. The children worked on many reading readiness skills. We talked about the letters L, M, N, O, practiced writing them and made pictures from each letter (lion, monster, nest and owl). We also learned about opposites and sequencing. We continue to work on improving our fine motor skills by doing fun activities such as painting, sorting, tracing, coloring and playing in our sensory bin. Most of all we continue to have fun while learning new things. The children in the Yellow Room are a delight!

Miss Amy and Miss Jessica



Trinity Presbyterian Women: 23rd annual Christmas Sale

The first Saturday of December 2018, was dark and rainy outside Trinity Presbyterian Church. Inside, the fellowship hall was bright and full of laughter. Tempting home made baked goods filled lace covered tables, and hand made crafts were artfully displayed; ready for purchase and gift giving. Our annual Christmas craft and bake Sale was in full swing! Shopping was enhanced by violin and piano music performed by parishioners. At the end of the day, \$3,699.71 had been raised to serve non-profit groups in our area. The funds will be distributed in 2019 to the following agencies: Wayside Christian Mission, Dare to Care, Home of the Innocents, Teenage Parents Program, Life house Maternity Home, St John's Center, Family Community Clinic, and Supplies Over Seas. TPW thanks the congregation and community for their continuing support of our Sale, enabling us to serve others who depend on our collective generosity. Happy New Year from TPW!



We are enjoying working with our Preschool children on Valentines Pottery. The Wednesday 3:30 Class is growing bigger each week, we are up to 6 students. The Monday St. Mary's class is also growing to 6-10 students. If you feel called to help with the class please give Candy a call. Extra hands are always welcome. Thank you for your continued support for the center.

To our Trinity Family,
During my recent surgery & rehab, Bill and I were overwhelmed by the love and warmth of you. We thank you for the cards, calls, food, flowers and especially the prayers. We are truly blessed to be a part of this family.

Thank you,

Dear Church Family,
Many, many thank you for your generous Christmas gift. I love serving this wonderful congregation and I wish you blessing in 2019.
With gratitude & love,
Melissa Weaver

Dear TPC Family,
Thank you for the Christmas gift. I am so blessed to be a part of such a wonderful church family,
Thank you,
Candy Wheat

Warmest Wishes & Thank you for remembering us at Christmas with your lovely and generous gifts.
Love and Blessings to all,
Ruth and Walt French

Thank
You

Dear Trinity Family,
Thank you for the very generous Christmas gift and for welcoming my daughter and I into this church. I look forward to serving here at TPC and growing with you all.
Again, many thanks and blessings you to all.

With love,
MacKenzie Copeland

February birthdays

3– Mary Gray
4– Lois Bringhurst
4– Betty Wilborn
6– Janet Husband
8– Garrett Bushue
8– Taylor Mullin
9– Susan Smith
11– Matt Perry
18– Molly Woods
24– Glenna Ogle
25– Anuji Abraham
26– Natalie Hayden
26– Barbara Keyser



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RETURN SERVICE REQUESTED

Trinity Presbyterian welcomes all visitors who are seeking to find Christ in their lives! Our regular Sunday morning services are at 9:00 a.m. and 11:00 a.m. Nursery and Children's church provided!



Deacons

The Trinity Deacons are here to serve our congregation with care and compassion, showing the love of Jesus Christ. Deacons provide calls, cards and visits to home bound members. Meals are provided for those who have had illness or hospitalizations. Transportation can be provided for medical and rehab appointments, church activities and other assistance, as we have availability. Food can be provided for funeral visitations and receptions as a family desires.

What helps Deacons provide this love and care is knowing about the needs. The 2019 Moderator of the Deacons is Judith Bloor-Brandt. If you or someone you know has a such a need, please feel free to contact Judith. She and all the Deacons will work together to help meet the need.

Judith (Jude)'s email is jjbloor@att.net. Her cell phone number is 502-432-6032. She also has a mailbox in the Church Office where notes can be left.

The Deacons look forward to serving our brothers and sisters in Christ in 2019!

Ushers

Think about joining our team of ushers. You will not be alone. There will be experienced ushers to assist you should you have any questions. There is no commitment. Try it once and see if you its something you would like to do again. It just might be something you'd like to do again in the future. This will be appreciated by all as we join together to worship. Just stop by the bulletin board next to the library.

Worship Committee

The Worship committee is looking for people to assist with planning worship and other activities. If you have a desire to have a voice in helping us with this , consider joining us on committee night. Your presence could affect everyone who worships on Sunday morning and throughout the week. We meet on the third Wednesday evening of each month at 6PM in the library. Join us as we prepeare to serve the Lord.