

# Trinity Presbyterian Preschool Lunch Bunch Program

Each child is required to furnish his/her own lunch and beverage which are stored in a refrigerator. **In order to meet state licensing requirements, each child's lunch must contain each of the following:**

- (1) 1% Milk (Juice boxes are not acceptable)**
- (2) Protein**
- (3) Bread (Only "whole grain or enriched grain" is acceptable)**
- (4) 2 vegetables, or 2 fruits, or 1 vegetable and 1 fruit**

The state regulations require children to drink 1% milk for lunch. However, children may have water instead of milk when we have a written request by the parents on file.

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\_\_\_\_\_My child is allowed to drink milk at Lunch Bunch.

\_\_\_\_\_My child is NOT allowed to drink milk at Lunch Bunch. Water will be served instead of milk.

Child's Name \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date